



## NEOLIFESHAKE

The quality of what is often referred to as the Western diet, has dramatically declined in recent years. It is likely that we are no longer getting the right balance of macronutrients (protein, fat and carbohydrate), micronutrients (vitamins and minerals), nor the fibre, phytonutrients and antioxidants our bodies need everyday to maintain and promote health. For example, although we are getting more than enough protein in our diets, we are getting it from animal and dairy products which are laden with fat and cholesterol. Studies have shown that poor diet is strongly associated with poor health. Along with a sedentary lifestyle, this may have played a role in leading to the high incidence of malnutrition, weight gain and chronic diseases.



#2914  
Rich  
Chocolate

#2912  
Creamy  
Vanilla

#2913  
Berries n'  
Cream

### Support a Healthy Lifestyle with Wholesome, Balanced Nutrition

- Protein is a key component of every cell in our body and essential for cellular nutrition and energy. Studies show that higher protein diets help suppress hunger, increase satiety and burn fat, thereby promoting weight loss and making it easier to stay on a weight loss programme.
- Wholesome, balanced nutrition and an active lifestyle can also support weight management success.
- Getting all of our essential vitamins and minerals is vital for the proper functioning of our immune and nervous systems and keeping us healthy and radiant. The right balance of macronutrients and micronutrients will keep our bodies functioning optimally.

### Why NeoLifeShake for Daily Nutrition & Weight Management?

- **Wholesome, complete nutrition.** An ideal protein shake for daily nutrition or weight management. Enjoy NeoLifeShake and Pro Vitality in the morning for a delicious breakfast that provides quick and lasting energy and optimal cellular nutrition
- Based on our clinically proven **GR<sup>2</sup> (Glycaemic Response) Control Technology** to help minimise fat storage and promote fat burning
- **Rich source of protein** with 18 g per serving

- **Proprietary Protein Blend** – Scientifically advanced protein blend from soya, milk, caseinates and whey for superior amino acid profile, with a PDCAAS of 1.73.
- **Biologically complete** with all 22 amino acids including the essential ones.
- Includes branched chain amino acid **leucine to promote lean muscle retention.**
- **Rich source of fibre** with 5 g per serving.
- **Proprietary Fibre Blend** from whole food sources to contribute to a satisfying feeling of fullness.
- **Formulated with “glycaemic edge” carbohydrates** that provide lasting energy and encourage your body to stay in fat-burning mode.
- **Three delicious flavours:** Berries n' Cream, Rich Chocolate & Creamy Vanilla.
- **Only 580 kilojoules.**
- **No artificial colours, flavours, sweeteners or preservatives added.**

\*These statements have not been evaluated by the National Agency for Food and Drug Administration and Control (NAFDAC). This product is not intended to diagnose, treat, cure or prevent any disease.

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## Use NeoLifeShake Worry-Free:

- |                                   |                                            |
|-----------------------------------|--------------------------------------------|
| <b>No</b> Artificial Sweeteners   | <b>No</b> Gluten                           |
| <b>No</b> High Fructose           | Contributing Ingredients                   |
| Corn Syrup                        | <b>No</b> Cholesterol                      |
| <b>No</b> Artificial Colours      | <b>No</b> Saturated Fats                   |
| <b>No</b> Preservatives           | <b>No</b> Hydrogenated Fats/<br>Trans Fats |
| <b>No</b> Genetically<br>Modified | 90% Lactose Free                           |
| (GMO) Ingredients                 |                                            |



Diets low in saturated fats and cholesterol that include 25 grams of soya protein a day may reduce the risk of heart disease. One serving of NeoLifeShake provides 13 grams of soya protein.

## NeoLife Exclusives

- **Protogard Process** – protects amino acids, maximises nutritional value.
- **Multi Enzyme Blend** – plant derived enzymes improve digestibility.
- **Neo-Plex Concentrate** – whole food antioxidants including vitamin C and citrus bioflavonoids.
- **Choline & Inositol** – lipotropic factors to support fat utilisation and resist fat buildup.
- **Metabolically balanced** – ideal protein, carbohydrate and fat ratio.
- **Essential Vitamins & Minerals.**
- **Convenient and versatile** – mixes easily in water or milk.

## Also Available:

Designed for convenient on-the-go use with patented Blender Ball® whisk. BPA free.



#307  
NeoLife Blender  
Bottle

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